

Camp Application:

Name _____

Address _____

City _____ State _____ Zip _____

Phone _____ Age _____ Weight _____

Cell Phone _____

Present Grade _____ School _____

Email _____

USA Wrestling Card # : _____

Those without a USA Wrestling card fill out the following insurance information:

Insurance Company _____

Policy Holder _____

Number _____

Person to Notify in Emergency

Name _____

Telephone _____

I verify that my son/daughter is physically able to participate in the Wrestling Techniques Camp. In case of emergency, I release the camp, The Building, City of Underwood, Wrestling Techniques and its coaching staff of all liability resulting from any injury while at camp. I understand that there is **no refund** if either parent/guardian or camper should cancel application or fail to attend.

Signature _____ Date _____

Photocopied applications are accepted!

Cost \$200

Mail Application and payment to:
Wrestling Techniques by Keith Massey

220 West Ferndale Dr.
Council Bluffs, Iowa 51503
or call Keith at: (402) 203-1610

Go to our website **goldeneagleswrestling.com**

Thank you for your support in helping your son/daughter further their wrestling knowledge and helping them achieve their goals!

INTRODUCING: WRESTLING TECHNIQUES

**Featured Clinicians:
International, UNO Stars &
former Golden Eagles All-
Americans and Nat'l Champions**

Zac Dominguez

- *4 years Asst. Coach at UNO 3 years UNO was National Team Champs!!**
- *'05 5th Greco World Team Trials**
- *'04 4th Greco Olympic Trials**
- * 3X Senior Level GR All-American**
- *'97 Greco Jr. National Champion**
- * 3X Nebraska State Champion**

Esai Dominguez

- *'10 NCAA Div. II Runner-up**
- *'10 University GR All-American**
- *'09 3rd NCAA Div. II**
- *'09 University GR All-American**
- *'08 Olympic Trial Qualifier**
- *'07 GR Jr. National Runner-up**
- *'06 GR Jr. National Champ**
- * 2X NE State Champion**

George Ivanov

- *'10 Div II NCAA Runner-up**
- *'08 Jr. Greco-Roman All-American**
- *'08 Jr. Freestyle All-American**
- *'08 IA State Place Winner 3rd**
- *'06 Cadet Freestyle Bulgarian National Champion**

Wrestling Techniques

By Keith Massey

visit our website at

goldeneagleswrestling.com

**Former Golden Eagle
National Champions
and All-Americans
Zac Dominguez, Esai Dominguez
and George Ivanov**

First 40 Applicants Only!!



**June 30-July 3,
2010**

**Style Specific Camp
Schedule**

Wrestling Techniques
For all styles of wrestling
For all ages

About WRESTLING TECHNIQUES: WRESTLING TECHNIQUES is finishing it's twelfth year of successful wrestling. In the '09-'10 season over **85** participants of **WRESTLING TECHNIQUES** qualified for both the kids and high school state championships with over **45 state place winners & TWELVE STATE KIDS AND HS CHAMPIONS!!**

WRESTLING TECHNIQUES has been created to offer every wrestler the opportunity to raise their wrestling ability from one level to the next. These summer camps have been specifically formulated for every type of wrestler regardless of their age or level of experience.

These camps are also great for every type of wrestling including the latest techniques from our great clinicians who are well versed in **folkstyle, freestyle, and Greco-Roman** techniques.

WRESTLING TECHNIQUES by Keith Massey is extremely happy to be joined by world level technicians such as **Zac Dominguez, Brother Esai, and George Ivanov**

WRESTLING TECHNIQUES

We are accepting the first 40 applicants only!!!

In order to get the individualized attention that coach Massey believes each wrestler needs we are only accepting the **first 40** applicants. No other camp in the country can boast the individual attention that we demand. We want your wrestler(s) to leave with the techniques that were taught mastered and competition ready.

Cost \$200

Mail Application and payment to:
Wrestling Techniques by Keith Massey
 220 West Ferndale Dr.
 Council Bluffs, Iowa 51503
 or call Keith at: (402) 203-1610
 Go to our website goldeneagleswrestling.com

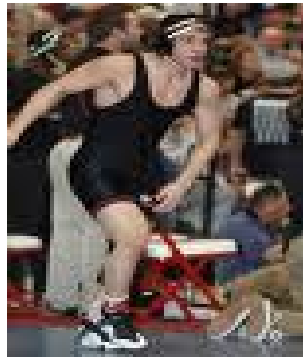
Zac Dominguez



Esai Dominguez



George Ivanov



STYLE SPECIFIC CAMP SCHEDULE AND TIMES

June 30th – July 3rd

CHECK-IN:	June 30 th	5:30-6pm
June 30	1 Session	6-8 pm
July 1 & 2	3 Sessions	10am-noon 2-4 pm 6-8 pm
July 3	1 Session	9-10:30 am with check out

*The **Style Specific** camp is in its fourteenth year of existence and **Wrestling Techniques** director **Keith Massey** is proud to bring world class level clinicians who are well versed in all styles of wrestling. We are honored with the return of **Zac Dominguez**. **Zac** has been coaching at the University of Nebraska at Omaha where he has helped the Mavericks to 3 National Championships in the last 4 years. His international and folkstyle know how is second to none. **Esai Dominguez** had another successful season finishing 2nd at the NCAA Div. II and 3rd at the GR University National tournaments. **George Ivanov** really excelled as a redshirt freshman at UNO also finishing as a runner-up. I'm really looking forward in learning a lot as he'll just be returning from spending 1 ½ months with his dad, one of the European FS coaches.

*The **Style Specific** camp is a new and innovative format specifically designed to cater to all wrestlers needs regardless of their experience level or style of wrestling preferred. Each session will be broken into 3 well-designed groups.

***Your application will be confirmed by Keith Massey by phone upon its arrival.**

***** The Style Specific camp will be held at "The Building", 111 3rd St. Underwood, IA.**

***Although there are no dorms we will be spending the night at "The Building" on the mats. It's fun and we really get to know each other well.**

***What to bring?** 1. Notebook and pen to write new moves in your own words. 2. Plenty of workout clothes. 3. Pillow, sleeping bag, & towels. 4. Extra money for meals and miscellaneous activities.